

SUMMER VOLLEYBALL

Dear Players,

These possibilities listed below will help train your skills. They are all recommended. Choose the highest athletic challenges and/or have the strongest coaching. Playing doubles is most highly recommended, giving you training in passing, setting, hitting, serving, competition, conditioning and more! About expenses: Some camps are 4 days, some are 5 for the same \$. For the price of one week of camp you could play 10-20 doubles tournaments or train all summer at a place like CATZ. I can't overstate the value of ACTUALLY PLAYING VOLLEYBALL and in BECOMING STRONG.

CODE: B boys **G** girls **Y** young players (middle/elementary)

- ⇒ **BGY PLAY DOUBLES:** Get a partner and play pickup on weekdays/weekends, and tournaments on weekends
- ⇒ **BG Yankee Volleyball:** is the primary site for New England Adult volleyball (http://www.yankee.org/newsletter/2010_may/outdoor.html) This site has the main listing for doubles tournaments, leagues, etc
- ⇒ **BG (some Y) SMASH Camps:** (boys/girls): Specialty weeks for: SETTERS, ATTACKERS, DEFENSE/PASSING: www.smashvolleyball.com (July 26- Aug 13)
- ⇒ **BGY Garden City Camp:** (site: Newton North H.S.) July 5-9 at Newton South. <http://www.newtonsummerschool.com/catalog/GARDEN%20CITY%20SPORTS%20CAMPS%202010> Very solid camp for basic skills for middle and high school (12-16)
- ⇒ **BG Bay State Games:** (the 'Massachusetts Olympics'): Boys and Girls teams, competition finals July 10 and July 11: www.baystategames.org For Boys, and Girls who will be in grades 10-12 in 2010/11 (i.e. no current seniors or incoming freshmen) Tryouts: Tues-Thursday, June 9-11; 6:45-9 PM Girls and Boys: Cambridge Rindge and Latin H.S. (Entrance across from 1643 Cambridge St. 02138...the Recreation entrance))
- ⇒ **BG Masspike camp:** (boys/girls) Site: Brandeis/Bentleycheck website for exact dates for the variety of offerings <http://www.masspikevolleyball.com>
- ⇒ **BG Dearing Volleyball School:** Run by Joel Dearing(Springfield College)(Great Coach) July 5-8 and July 9-11 www.dearingvolleyballschool.com Girls only, inc. graduating seniors.
- ⇒ **BGY Bob Schnecks Volleyball Camp:** Held at URI, run by Bob Schneck:check website for exact dates for the variety of offerings and dates <http://schneckvolleyball.com/camp/index.html> This is a well-established camp
- ⇒ **BGY CATZ:** (sites in Needham, Acton, and Wilmington): this is a place to do full-body conditioning done well! <http://www.catzsports.com>
- ⇒ **BGY Beantown Bounce Volleyball Academy,** seems quite strong, and, it is held at Newton South! <http://www.freewebs.com/beantownvbc> [Boys Grades 6-12: July 12-16] [Girls Grades 6-12: July 5-9]
- ⇒ **BG Volleyball Camps at Bentley University** Well established: Boys July 25-29; Girls have various sessions: <http://bentley.edu/athletics/camps/volleyball.cfm>
- ⇒ **EVERYONE Just play a lot!!!!!!**